



Menu Vegetariano

Entradas| Starters



- **Salada Caprese**
Caprese Salad
- **Bolinhas de Quinoa e Beterraba**
Quinoa and Beetroot balls
- **Espetadas de Grão e Espinafres com Corn Flakes**
Kebabs of Grain and spinach with Corn flakes
- **Salada de Queijo de Cabra com Pêra caramelizada**
Goat cheese salad with caramelized pear
- **Salada de Beterraba, Melancia e Queijo Feta**
Beetroot, Watermelon and Feta Cheese salad
- **Nachos Vegan Carregados**
Fully Loaded Vegan Nachos

Prato Principal / Main Course

- **Tagliatelle Fresca com Tomate Cherry e Manjeriço**
Fresh Tagliatelle with Cherry Tomatoes and Basil
- **Lasanha de Vegetais**
Vegetable Lasagna
- **Risotto de Cogumelos**
Mushroom Rissotto
- **Espetada de vegetais grelhados com Arroz Basmati**
Grilled Vegetable kebab with Basmati Rice
- **Veggie Tacos**
Tacos Vegetarianos
- **Cogumelos Portobello Recheados**
Stuffed Portobello Mushrooms



Sobremesa / Desserts

- **Cheesecake de Morango**
Strawberry cheesecake
- **Bolo gelado com bolachas de Baunilha e chocolate**
Chocolate and Vanilla Cookie Ice Cream Cake
- **Soulfood Signature Pastel de Nata**